

**SIF HÅNDBALL Treningstider 2021-22 (16. august 2021 - 15. oktober 2021 + fra etter Påske 2022- 25. juni 2022)**

| DAG      | TID     | HALL A                | HALL B      | HALL C                  | Hall D        | Vikingshallen*   | FORUS SPORTSSENTER* | HETLAND B | HETLAND C | TASTARUSTÅ | FJELLHALLEN            | STYRKEROM 1      | STYRKEROM 2 |
|----------|---------|-----------------------|-------------|-------------------------|---------------|------------------|---------------------|-----------|-----------|------------|------------------------|------------------|-------------|
| MANDAG   | 16-17   | J2006-1               | SIF         | G2012                   | G2008/07      |                  |                     |           |           |            |                        |                  |             |
|          | 17-18   | J2006-1               |             | H                       | G2008/07      |                  |                     |           |           |            |                        |                  |             |
|          | 18-19   | Mini G13/14           | J2009       | H / D                   |               |                  |                     |           |           |            |                        |                  |             |
|          | 19-20   | J2007                 |             | D                       |               |                  |                     |           |           |            |                        | D                |             |
|          | 20-21   | J2007 / SIF fra 20:30 |             | J2005/04/03             | G2005         |                  |                     |           |           |            |                        | J2006-2          |             |
| 21-22    | SIF     | H 4 div               | J2005/04/03 | G2005                   |               |                  |                     |           |           |            |                        |                  |             |
| TIRSDAG  | 16-17   |                       | J2006-2     | Minimini J/G 2016       | J2011         | J2010            |                     |           | G2008/07  |            |                        |                  |             |
|          | 17-18   |                       |             | Mini (J/G 2015 / J2014) | Mini J2013    | G2011 + G2010/09 |                     |           | G2008/07  |            |                        |                  |             |
|          | 18-19   |                       |             | J2012                   |               |                  |                     |           |           |            |                        |                  |             |
|          | 19-20   |                       | J2008       | J2008                   |               |                  |                     |           |           |            |                        | J2007 - fra 1930 |             |
|          | 20-21   |                       | H           | D                       | J2005/04/03   |                  |                     |           |           |            | G2005                  | J2006-1 fra 2015 |             |
| 21-22    |         | H                     | D           | J2005/04/03             |               |                  |                     |           |           | G2005      |                        |                  |             |
| ONSDAG   | 16-17   | J2011                 | G2008/07    | G2005                   | G2010/09      |                  |                     |           |           |            |                        | J2005/04/03      |             |
|          | 17-18   | J2012                 |             | G2005 / J2006-1         | J2010         |                  |                     | J2006-2   |           |            |                        | H                |             |
|          | 18-19   | J2012 / J2007         |             | J2006-1                 | J2010 / J2009 |                  | J2008               | J2006-2   |           |            |                        | D                |             |
|          | 19-20   | J2007                 |             | Mini                    | J2009         |                  | J2008               |           |           |            |                        | SIF              |             |
|          | 20-21   |                       |             |                         |               |                  |                     |           |           |            |                        |                  |             |
| 21-22    |         |                       |             |                         |               |                  |                     |           |           |            |                        |                  |             |
| TORS DAG | 16-17   | G2012 + G2011         | J2009       | J2007                   | SIF           |                  |                     |           |           |            |                        | J2008            |             |
|          | 17-18   | H                     |             | Mini                    | Mini J2013    |                  |                     |           |           |            |                        |                  |             |
|          | 18-19   | H / G2005             | J2011       | D                       | J2011         |                  |                     |           |           |            | J2005 Bring            | G2005            |             |
|          | 19-20   | G2005                 |             | D / J2005/04/03         |               |                  |                     |           |           |            | J2005 - Bring/ J2006-1 | G2008/07         |             |
|          | 20-21   | G2005 / J2006-2       |             | J2005/04/03             |               |                  |                     |           |           |            | J2006-1                |                  |             |
| 21-22    | J2006-2 |                       | H 4 div     | SIF                     |               |                  |                     |           |           |            |                        |                  |             |
| FREDAG   | 16-17   | J2008                 | J2008       | G2008/07                | J2006-1       |                  |                     |           |           |            |                        | H / D            |             |
|          | 17-18   | J2005/04/03           |             | D / H                   | J2006-1 / SIF |                  |                     |           |           |            |                        | H / D            |             |
|          | 18-19   | J2005/04/03           |             | H / D                   | SIF           |                  |                     |           |           |            |                        |                  |             |
|          | 19-20   |                       |             |                         |               |                  |                     |           |           |            |                        |                  |             |
|          | 20-21   |                       |             |                         |               |                  |                     |           |           |            |                        |                  |             |
| 21-22    |         |                       |             |                         |               |                  |                     |           |           |            |                        |                  |             |